

# **ANNUAL LUNCHEON**

#### Wednesday 8 February 2023

# THE PAVILION BALLROOM, WESTOVER ROAD, BOURNEMOUTH COST: £49.50 PER PERSON

We are pleased to confirm that our Annual Lunch 2023 will, once again, be held at The Pavilion, Bournemouth. You are invited to join your President, Emma Hamilton Cole, at what will be one of the Society's most prestigious events of the year.





Our speaker will be **LOUISE MINCHIN** - journalist, broadcaster, and writer.

She was a much loved and respected presenter of *BBC Breakfast* for 20 years. efore joining the programme, she was one of the main news anchors on the BBC News Channel and the BBC's *One O'clock News*. She has also presented *The One Show, Five Live Drive, Real Rescues* and *Missing Live*. She loves reality television and has been a contestant on *I'm a Celebrity Get Me Out Of Here 2021, Time Crashers* and was runner-up in *Celebrity MasterChef*.

She is also a writer and endurance athlete who has completed two of the toughest triathlons in the world, Norseman and Patagonman.

Her first book, *Dare to Tri*, charted her journey from the famous BBC Breakfast red sofa to representing the Great Britain Triathlon team in her age-group at six World and European Championships. Her second book will be published by Bloomsbury in 2023 will reflect her passion for celebrating women's extraordinary sporting stories.

Louise hosts two successful podcasts, the *Her Spirit* Podcast, which is aimed at encouraging women to be active, and *Push Your Peak for Wattbike* in which she interviews top athletes about their journeys to excellence to see what we can all learn.

She is Chair of the Women's Prize for Fiction 2023.















# **ANNUAL LUNCHEON**

## Wednesday 8February 2023 (12:00 for 12:45)

#### Menu

#### Twice Baked Local Cheese Souffle (V)

Cheese sauce, red pepper and tomato coulis

or

#### Parma Ham Tartelette

Pickled shallot and pea shoot salad, caper berries, pea and dill purèe



#### Roast Breast of Cornfed Chicken

Parisienne potatoes and chargrilled courgettes with a Forestière sauce

or

#### Pear and Gorgonzola Tortelliní (V)

Butternut squash veloutè and sautèed New Forest Mushrooms



### Trío of Desserts (V)

Caramelised white chocolate dome, orange Ganache and a Praline Quenelle served with a duo of chocolate soil and black cherry gel

or

## Treacle Tart (V)

Stout syrup and marmalade ice cream



#### Tea or Coffee















# **ANNUAL LUNCHEON**

Tel: 01202 587551

#### **BOOKING FORM**

BDLS Annual Lunch - Wednesday 8 February 2023 – 12:00 for 12:45

£49.50 per person

Please complete and return this slip with your payment by Wednesday 11 January 2023

From:	
Company / Firm:	
Address:	
Address.	
Email:	
Number of Places required:	
•	
BACS for:	

Table Plan Enclosed / To Follow - please delete as appropriate\*

To: Mrs Mandy Heath – by email: <a href="mandy@bournemouthlaw.com">mandy@bournemouthlaw.com</a>

\* Table Plans to be received by Wednesday 11 January. Please note that round tables take up to a maximum of 12. If your party is fewer than 8 then you may be sharing with another party. We can also provide long tables for larger parties if you would like your party to sit together on one table.

Menu choices - Please indicate your guests' requirements in the boxes below:

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Parma Ham

Main Chicken

Tortellini

Dessert Trio

Treacle

#### Payment by BACS to:

Account Name: Bournemouth & District Law Society Account

No: 56568851 Sort Code: 56-00-35.

Important: Please quote reference "Lunch/your firm name"

Forename	Surname	Starter	Main	Dessert











